The Scottish Intercollegiate Guidelines Network (SIGN) is producing a new guideline on the risk reduction and management of patients with delirium, due for publication in early 2019.

The guideline recommendations are based on a systematic review of evidence and have been developed by a multidisciplinary group with representation from across NHSScotland.

The SIGN guideline development group needs your feedback on the content and draft recommendations to ensure they are relevant and implementable in your area. This consultation meeting will provide an overview of the latest research and an opportunity for discussion of the draft guideline, including:

- guideline remit and aims
- patient experience
- detecting delirium
- risk reduction
- management of delirium
- follow up
- information for patients.

The open meeting will be of interest to primary and secondary healthcare professionals, community and care home staff involved in the care of patients at risk of, or experiencing, delirium, patients and carers.
SIGN guideline: Risk reduction and management of delirium

Programme

Chair: Dr Ajay Macharouthu, Consultant in Liaison Psychiatry for Elderly, University Hospital Crosshouse, and Co-Chair of the SIGN delirium guideline development group

10.30 Introduction to SIGN guidelines
Dr Jenny Bennison, General Practitioner and Vice-Chair of SIGN Council

10.45 Background to the delirium guideline
Professor Alasdair MacLullich, Professor of Geriatric Medicine, Royal Infirmary of Edinburgh and Co-Chair of SIGN delirium guideline development group

11.00 Patient/carer experience
Ms Maureen Huggins, Dementia Carers Action Network

Session 1: Detecting delirium
Chair: Dr Sharon Mulhern, Consultant Clinical Lead for Neuropsychology, NHS Ayrshire and Arran

11.10 Tools for identification and monitoring
Dr Gautamananda Ray, Consultant Physician, NHS Greater Glasgow and Clyde

11.20 Clinical investigations
Dr Tony Byrne, Consultant Physician, Forth Valley Royal Hospital

11.30 Panel discussion
Dr Roy Soiza, Dr Gautamananda Ray, Dr Julie Mardon, Dr Tony Byrne

12.00 Lunch

Session 2: Risk reduction
Chair: Dr Roy Soiza, Consultant Geriatrician, NHS Grampian

13.00 Non-pharmacological risk reduction in medical and intensive care
Ms Christine Steel, AHP Consultant, NHS Greater Glasgow and Clyde

13.15 Pharmacological risk reduction in medical and intensive care
Dr Elizabeth Wilson, Consultant Clinician in Critical Care Medicine and Anaesthesia, Royal Infirmary of Edinburgh

13.30 Panel discussion
Dr Sweyn Garrioch, Dr Sharon Mulhern, Ms Christine Steel, Ms Daisy Sandeman, Dr Elizabeth Wilson

Session 3: Management of patients with delirium
Chair: Dr Julie Mardon, Consultant in Emergency Medicine, University Hospital Crosshouse

13.50 Non-pharmacological management in medical and intensive care settings
Professor Alasdair MacLullich, Professor of Geriatric Medicine, Royal Infirmary of Edinburgh

14.00 Pharmacological management in medical and intensive care settings
Dr Michael Götz, Consultant Psychiatrist, Forth Valley Royal Hospital

14.10 Panel discussion
Dr Michael Götz, Dr Ajay Macharouthu, Professor Alasdair MacLullich, Dr Sharon Mulhern, Ms Christine Steel, Dr Elizabeth Wilson

Session 4: Follow up and further care
Chair: Professor Alasdair MacLullich, Professor of Geriatric Medicine, Royal Infirmary of Edinburgh

14.30 Follow up
Dr Ajay Macharouthu, Consultant in Liaison Psychiatry for Elderly, University Hospital Crosshouse

14.40 Information for patients and carers
Ms Daisy Sandeman, Clinical Nurse Practitioner, Royal Infirmary of Edinburgh

14.50 Implementation and quality improvement
Ms Karen Goudie, Chief Nurse, University Monklands Hospital, NHS Lanarkshire

15.00 Panel discussion and other comments
Dr Michael Götz, Ms Karen Goudie, Ms Maureen Huggins, Dr Ajay Macharouthu, Ms Daisy Sandeman, Dr Maria Wybrew

15.30 Close of meeting
Professor Alasdair MacLullich, Professor of Geriatric Medicine, Royal Infirmary of Edinburgh

To register for this meeting please go to http://www.sign.ac.uk/attend-an-event.html
For further information please contact Euan Bremner: euan.bremner@nhs.net, 0131 623 4729

www.sign.ac.uk