The FFICM Examination

The Final Faculty of Intensive Care Medicine (FFICM) examination can be undertaken at any point during stage 2 of training and must be passed in order to progress to stage 3 and CCT in ICM.

The examination consists of 2 parts:

1. **Written paper MCQ**
   - 3 hr exam consisting of 50 MTF and 50 SBA questions
   - Held in January and June
   - Must be passed prior to the second part of the FFICM

2. **Structured Oral Exam and OSCE**
   - Both examinations taken on a single day
   - A pass in one component can be carried forward to the next sitting whilst resitting the other; Must be passed within three years of the MCQ
   - Held twice a year held in March and October

More information, including eligibility, dates and fees and up to date guidance on exam can be found on the FFICM website here:

Exam Information: [https://www.ficm.ac.uk/training-examinations/examinations](https://www.ficm.ac.uk/training-examinations/examinations)

Exam Dates: [https://www.ficm.ac.uk/sites/default/files/fficm_examination_calendar_july_2021-_june_2023.pdf](https://www.ficm.ac.uk/sites/default/files/fficm_examination_calendar_july_2021-_june_2023.pdf)

**This summer 2020 edition of FICM Trainee Eye provides an excellent insight into the FFICM exam and content with advice from one of the examiners.**

It can be found here: [https://www.ficm.ac.uk/sites/default/files/trainee_eye_-_13_summer_2020.pdf](https://www.ficm.ac.uk/sites/default/files/trainee_eye_-_13_summer_2020.pdf)
Websites/ Online Resources

1) FICM Guidelines and resources including FICM Learning- FICM Learning is the learning platform for the Faculty of Intensive Care Medicine. Here you can access e-ICM, blogs and podcast, and useful exam resources including the ‘case of the month’ and ‘midnight law’ series. There is also information about Faculty events and a calendar of external events

FICM Guidelines: https://www.ficm.ac.uk/standards-guidelines-resources/access-ficm-guidelines-resources

FICM Learning: https://ficmlearning.org/

e-LFH: https://portal.e-lfh.org.uk

2) ICS Guidelines


3) Crit IQ

https://www.crit-iq.com/index.php/home

An online resource with educational material, podcasts, exam support, echocardiography teaching and journal club (**Requires paid membership) Australian online resource 20% off if you are a member of ICS)

4) LITFL Life in the fast lane

https://litfl.com/

Free online resource with quick and up to date information on critical care topics. The LITFL Critical Care Compendium (CCC) provides a comprehensive collection of core topics. Geared towards trainees preparing for the CICM and ANZCA Primary Exams with excellent resources and ECG library
5) The Bottom Line

https://www.thebottomline.org.uk/

A compendium of landmark ICU papers, each paper has been summarised and critiqued.

**Apps**

1) ICU Trials (£1.99 Apple App Store)

Iphone app giving brief overview of landmark ICU papers

**Podcasts**

Highly recommended all excellent for up to date reviews and FOAM content

1) **EMCrit Podcast** - new podcast every 2 weeks discussion of best evidence-based information from the fields of critical care, resuscitation, and trauma.

2) **Pulmcast** - light hearted excellent reviews on multiple core topics show notes available at Pulmcast.com/podcast

3) **Critical Care Reviews** - Discussion of the biggest critical care trials including those in progress hosted by Rob Mac Sweeney
Textbooks/ MCQ/ SOE/ OSCE Books

General Textbooks

Large volume texts for background reading/ reference all available on amazon

1) Oxford Textbook of Critical Care by Andrew Webb, Derek Angus, et al. | 3 Dec 2019


3) Oh’s Intensive Care Manual by Andrew D Bersten MB BS MD FANZCA FJFICM and Jonathan Handy BSc MBBS FRCA EDIC FFICM | 26 Oct 2018

Reference/ Revision Textbooks


2) Key clinical topics in critical care by Matt Thomas, Jerry Nolan, et al. | 9 Jun 2014

MCQ/ SBA/ SOE/ OSCE Textbooks


2) Single Best Answer Questions for the Final FFICM by Keith Davies | 31 May 2016

4) OSCE for the final FICM by Brendan McGrath, Raj Nichani | 31 May 2016

5) Questions for the Final FICM structured oral examination by Kate Flavin | 28 Feb 2018

**Courses**

1) Official FFICM Preparatory course
   
   A VERY Popular two day course run by the College for the SOE/ OSCE. This course is excellent, with small group tutorials on tricky topics and a day of OSCE and SOE practise. Currently being run as a digital prep course.
   
   To enquire about waiting lists/ course dates email: contact@ficm.ac.uk
   
   [https://www.ficm.ac.uk/ficm-events/fficm-preparatory-course](https://www.ficm.ac.uk/ficm-events/fficm-preparatory-course)
   
   [https://www.ficm.ac.uk/ficm-events/fficm-digital-preparatory-course](https://www.ficm.ac.uk/ficm-events/fficm-digital-preparatory-course)

2) Oxford FFICM exam course

3) Manchester FFICM Prep Course

4) Wessex ICM Society (PINCER course):