

WEBINAR PROGRAMME: Psychological aspects of Intensive Care

DATE and TIME: Friday the 14th of March 2025 from 9:00am-5:00pm on MS Teams

ICU WEBINAR: MORNING SESSION

9:00-9:15	LOGIN TO MS TEAMS. REGISTRATION
	INTRODUCTION
9:15-9:30	Updates from the Physical Health Workstream in NHS Education for Scotland from Dr Mairi Albiston, Head of Programme, Physical Health, NES, with support from Kit Ryan, Administrative Officer, and formal introduction to the webinar and keynote speaker by Dr Carolyn Patterson, Consultant Clinical Psychologist, West of Scotland Renal Transplant service, NHSGGC.
	KEYNOTE SPEAKER
9:30-11:30	A Psychological Lens on the System of Intensive Care: Patient, Visitors and Staff. Dr Julie Highfield, Chief Psychological Professions Officer, Gloucester Hospitals Foundation Trust; and National Wellbeing Director, Intensive Care Society. Learning outcomes: In this session you will learn: <ul style="list-style-type: none">• An overview of the psychological issues impacting patients, visitors and staff• The role of an ICU psychologist• Techniques for modifying, moderating and mediating the trauma response for all in the intensive care system Questions and reflections chaired by Dr Roisin Jack, Clinical Psychologist in Intensive Care, NHS Grampian
11:30-11:45	BREAK for 15 minutes
	Intensive Care FROM A PAEDIATRIC PERSPECTIVE
11:45-12:30	Team working and psychological perspectives of Paediatric ICU (PICU) Dr Molly Bruce, Clinical Psychologist in Paediatric ICU, NHS Lothian Dr Nandita Chinchankar, PICU Medical Doctor, NHS Lothian Kathryn Burr- Speech and Language Therapist covering PICU, NHS Lothian Jill Gillespie, PICU Advanced Nurse Practitioner, NHS Lothian Introduced by Dr Molly Bruce, Clinical Psychologist in Paediatric Intensive Care, NHS Lothian.

12:30-12:40	Panel of questions and reflections for Paediatric staff. Chaired by Dr Emma Butchard-MacDonald, Clinical Psychologist in Intensive Care, NHS Forth Valley
12:40-1:10	LUNCH for 30 minutes

Intensive Care WEBINAR: AFTERNOON SESSION

	ICU FROM AN ADULT PERSPECTIVE
1:10-1:25	Psychological responses to critical illness. Dr Emma Butchard-MacDonald, Clinical Psychologist, NHS Forth Valley (with content supported by Dr Zoe Poysden, Clinical Psychologist, NHS Fife)
1:25-1:40	Longer term physical challenges following intensive care. Teresa Scott, Specialist Nurse, NHS Grampian.
1:40-1:55	Longer term psychological challenges following intensive care. Dr Roisin Jack, Clinical Psychologist, NHS Grampian.
1:55-2:10	The role of Liaison Psychiatry in Intensive Care settings. Dr Murray Smith, Consultant Liaison Psychiatrist, NHS Grampian.
2:10-2:30	Staff support and Psychologically Informed Environments (PIE) in Intensive Care. Dr Hena Syed-Sabir, Consultant Clinical Psychologist, Birmingham Community Healthcare NHS Foundation Trust.
2:30-2:45	Trauma Informed Considerations in Intensive Care. Dr Emma Butchard-MacDonald, Clinical Psychologist, NHS Forth Valley
2:45-2:55	Panel of questions and reflections for Adult ICU Practitioners. Chaired by Dr Roisin Jack, Clinical Psychologist in Intensive Care, NHS Grampian.
2:55-3:10	BREAK for 15 minutes
	THE ROLE OF FAMILY DYNAMICS
3:10-3:25	The role of family dynamics in critical illness. Dr Emma Butchard-MacDonald, Clinical Psychologist in Intensive Care, NHS Forth Valley, Dr Roisin Jack, Clinical Psychologist in Intensive Care, NHS Grampian and Dr Molly Bruce, Clinical Psychologist in Intensive Care, NHS Lothian.
	PATIENT and FAMILY PERSPECTIVES
3:25-3:45	My lived Experience of ICU (Adult settings), by Marisa Stevenson Introduced by Dr Carolyn Patterson, Consultant Clinical Psychologist, NHSGCC.
3:45-4:05	Personal experiences of paediatric intensive care from a teenager and a mother's perspective. Introduced by Dr Molly Bruce, Clinical Psychologist in Paediatric Intensive Care, NHS Lothian.
4:05-4:15	Panel of questions and reflections for patients and families. Chaired by Dr Molly Bruce, Clinical Psychologist in Paediatric Intensive Care, NHS Lothian.

	POST INTENSIVE CARE
4:15-4:30	Intensive Care Follow Up Programme (InS:PIRE) & the use of patient diaries. Dr Caroline Ferguson, Consultant Anaesthetist, NHS Fife, & Sophie Bayne, Intensive Care Nurse, NHS Fife.
4:30-4:45	ICU Steps Peer Support Programme. Jacki Tomnay, Migrant Screening Nurse, NHS Ayrshire & Arran.
4:45-4:55	Panel of questions and reflections about post intensive care presentations, chaired by Dr Carolyn Patterson, Consultant Clinical Psychologist, NHSGGC.
4:55-5:00	CLOSING REMARKS by Dr Emma Butchard-MacDonald, Clinical Psychologist in intensive care, NHS Forth Valley + WEBINAR FEEDBACK